

21st Annual Scientific Meeting of the Cardiorenal Forum

The King's Fund, Deans Mews entrance, 11–13 Cavendish Square, London W1G 0AN

Friday 2nd October 2026

Heart, kidney and metabolic disease – shaping new diagnostic and treatment targets

This independent meeting is sponsored by pharmaceutical companies, who have had no influence over, or input into, the meeting agenda or content or selection of speakers, except in the sponsored symposia sessions. Sponsors will not be contributing in any way to any hospitality associated with the meeting.

09.25 Introduction**SESSION 1. METABOLISM AND OBESITY**

Chairs: Professor Paul Kalra, Consultant Cardiologist, Portsmouth Hospitals NHS Trust; and Professor Philip Kalra, Consultant Nephrologist, Salford Royal Hospital, Northern Care Alliance NHS Foundation Trust; Professor of Renal Medicine, University of Manchester

09.30 Diet and the gut microbiome: implications for cardiometabolic health and disease

Professor Julie Lovegrove, Director of the Hugh Sinclair Unit of Human Nutrition, University of Reading

09.50 Medically targeting obesity to reduce polyvascular risk

Professor Alex Miras, Professor of Endocrinology, Ulster University, Derry

10.10 *Discussion***SESSION 2. THERAPEUTIC TARGETS IN CARDIORENAL-METABOLIC DISEASE**

Chair: Professor Indranil Dasgupta, Consultant in Renal Medicine and Hypertension, University Hospitals Birmingham NHS Foundation Trust; School of Health Sciences, University of Birmingham

10.15 Research and clinical priorities for diabetic kidney disease and hypertension

Dr Pauline Swift, Consultant Nephrologist, Epsom and St Helier University Hospitals NHS Trust

10.35 Cardiorenal disease – targeting inflammation and fibrosis

Professor Claire Hills, Chair of Renal Physiology, University of Lincoln

10.55 IgA nephropathy - who should we treat, with what, and when?

Professor Smeeta Sinha, Consultant Nephrologist, Salford Royal Hospital, Northern Care Alliance NHS Foundation Trust; Professor of Renal Medicine, University of Manchester

11.15 *Discussion***11.20 COFFEE BREAK/EXHIBITION AND NETWORKING****11.50 SPONSORED SYMPOSIUM****SESSION 3. CASE-BASED SHORT REVIEWS**

Chairs: Ms Angelique Smit, Lead Clinical and Research NAC Nurse, National Amyloidosis Centre, Royal Free London NHS Foundation Trust, London; and Mr Mohammad Khalid Lodhi, Lead Pharmacist Cardiology and Medicine, University Hospitals Plymouth NHS Trust

12.25 Lipoprotein(a) and atherosclerotic disease – causal or innocent bystander?

Dr Andreas Tridimas, Consultant in Chemical Pathology and Metabolic Medicine, Wirral University Teaching Hospital and Countess of Chester Hospital NHS Trusts

12.45 Anaemia, breathlessness, cardiomegaly...and the multimorbid amyloid patient

Dr Sarah Birkhoelzer, Heart Failure and Imaging Fellow, University Hospitals Dorset

13.05 *Discussion***13.10 LUNCH / EXHIBITION AND NETWORKING****14.10 SPONSORED SYMPOSIUM****SESSION 4. THE BSH AND UKKA LECTURES: DISPELLING THE MYTHS**

Chairs: Mrs Carys Barton, Heart Failure Nurse Consultant, Imperial NHS Foundation Trust, London; Chair British Society for Heart Failure; and Miss Kathrine Parker, Highly Specialist Renal Pharmacist, Manchester University NHS Foundation Trust; Honorary Lecturer, University of Manchester; UK Kidney Association Academic Vice President; Chair-Elect, UK Renal Pharmacy Group

14.50 AKI, RAASi and nephroprotection

Professor Jonathan Murray, Consultant Nephrologist, South Tees NHS Foundation Trust; Honorary Professor, School of Health and Life Sciences, Teesside University, Middlesbrough

15.05 It's just a bit of HF or mild HF

Dr Lisa Anderson, Heart Failure Consultant, St George's University Hospital NHS Foundation Trust

15.20 *Discussion***15.25 TEA BREAK / EXHIBITION AND NETWORKING****SESSION 5. CARDIORENAL CLINICAL TRIALS UPDATE**

Chair: Professor Gerry McCann, Professor of Cardiac Imaging, University of Leicester; Honorary Consultant Cardiologist, Glenfield Hospital, Leicester

15.50 Cardiac trials

Dr Geraint Morton, Consultant Cardiologist and Cardiology Clinical Director, Portsmouth Hospitals University NHS Trust

16.05 Renal trials

Dr David Lappin, Consultant Nephrologist Galway University Hospitals; Honorary Personal Professor of Medicine, University of Galway

16.20 *Discussion***SESSION 6. SHORT CASES: NEW TREATMENTS IN...**

Chair: Dr David Mulcahy, Consultant Cardiologist, Blackrock Health Hermitage Clinic, Dublin

16.25 Pulmonary arterial hypertension

Ms Wendy Gin-Sing, Pulmonary Hypertension Nurse Consultant, Imperial College Healthcare NHS Trust, London

16.40 Resistant angina – coronary sinus reducer as a novel option

Dr Kevin Cheng, Cardiology Registrar, North West London Deanery

16.55 *Discussion***17.00 Meeting close**

The Cardiorenal Forum will award 5 CPD credits for this meeting.

Early bird registration fee to include lunch and refreshments: £115 doctors, £80 concessions (nurses, residents, HCPs), £300 commercial organisations. All fees include VAT.